



الدورة العربية الأولى لجراحة المرفق FIRST ARAB ELBOW COURSE

JANUARY 24 -26, 2025 | DUBAI-UAE

THE TRAUMATIC ELBOW



FIRST

**ELBOW COURSE IN
THE MENA REGION**

THREE DAYS INSTRUCTIONAL COURSE & HANDS-ON WORKSHOP ON CADAVERS

SCIENTIFIC PROGRAM

Under SECEC Patronage



Endorsed by



Educational Partners



Distal Humerus Fractures

| | | |
|----------------------|--|---------------------------|
| 07:30 - 08:15 | Registration | |
| 08:15 - 08:20 | Welcome | Dr. Marouane Bouloudhnine |
| 08:20 - 08:25 | Welcoming from Honorary Chairman | Prof. Shawn O'Driscoll |
| 08:25 - 08:30 | Welcoming from Sulaiman Al Habib Group | Dr. David Eddine |
| SESSION I | ADULT DISTAL HUMERUS FRACTURES <i>(Moderators: Prof. Shawn O'Driscoll & Dr. Jaber AlKhaili)</i> | |
| 08:30 - 08:45 | Distal Humerus Fractures: Overview & Classification | Dr. Saif Aldhuhoori |
| 08:45 - 09:00 | Role of Imaging in Distal Humerus Fractures | Dr. Bernard Lallemand |
| 09:00 - 09:15 | Conservative Treatment for DHF | Dr. Seif Sawalha |
| 09:15 - 09:30 | Principal Based Fixation of Distal Humerus Fractures | Prof. Shawn O'Driscoll |
| 09:30 - 10:00 | Case Discussion: Simple DHF cases | Dr. Jeff King |
| 10:00 - 10:30 | Coffee Break | |
| SESSION II | ARTHROPLASTY OPTIONS IN DHF_s MANAGEMENT <i>(Moderators: Dr. Jeff King & Dr. Seif Sawalha)</i> | |
| 10:30 - 10:45 | Acute Hemi Arthroplasty for DHF in the elderly | Prof. Roger van Riet |
| 10:45 - 11:00 | Acute Total elbow arthroplasty: how to get it right | Prof. Pierre Mansat |
| 11:00 - 11:15 | How To Avoid Common Complications in Elbow Arthroplasty | Dr. Saad Al Qahtani |
| 11:15 - 12:00 | Case Discussions : Complex DHF cases | Dr. Naser Alnusif |
| 12:00 - 12:30 | Industry Symposium by Accumed | Prof. Shawn O'Driscoll |
| 12:30 - 13:30 | Lunch Break | |
| SESSION III | PEDIATRIC SUPRACONDYLAR FRACTURES <i>(Moderators: Dr. Marouane Bouloudhnine & Prof. Roger van Riet)</i> | |
| 13:30 - 13:45 | The Developing Distal Humerus, Growth Plates | Dr. Sattar Alshryda |
| 13:45 - 14:00 | Imaging In Pediatric Distal Humerus Fractures, Specific Considerations Classification of SCF | Dr. Ajay Dsouza |
| 14:00 - 14:15 | Conservative Treatment, Closed Reduction | Dr. Bernard Lallemand |

Scientific Program- Day 01



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| | | |
|----------------------|--|------------------------|
| 14:15 - 14:30 | Operative Fixation Of Pediatric Distal Humerus Fractures | Dr. Faisal Shehadah |
| 14:30 - 15:00 | Sequelae and Indications for Osteotomy | Prof. Roger van Riet |
| 15:00 - 15:30 | Discussions | All Faculty |
| 15:30 - 15:45 | Coffee Break | |
| SESSION IV | SURGICAL APPROACHES @ TIPS & TRICKS (RE-LIVE SURGERY) <i>(Moderators: Dr. Bernard Lallemand & Dr. Saad Al Qahtani)</i> | |
| 15:45 - 16:00 | Posterior | Prof. Pierre Mansat |
| 16:00 - 16:15 | The necessity of olecranon osteotomy in C-Type fractures | Dr. Faisal Shehadah |
| 16:15 - 16:30 | Lateral | Prof. Roger van Riet |
| 16:30 - 16:45 | Medial | Prof. Shawn O'driscoll |
| 16:45 - 18:00 | Case Discussions : bring your cases | All Faculty |
| 18:00 | End of Day 1 | |



Elbow Fracture Dislocations

SESSION I

BASIC KNOWLEDGE FOR ELBOW INSTABILITY

(Moderators: Prof. Shawn O'driscoll & Dr. Naser Alnusif)

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|---------------|--|---------------------------|
| 08:00 - 08:15 | Anatomy Proximal ulna and radius and Stabilizers | Dr. Saad Al Qahtani |
| 08:15 - 08:30 | Biomechanics of elbow joint | Prof. Shawn O'driscoll |
| 08:30 - 08:45 | Elbow instability: evaluation and management Reading an Elbow X-Ray –The Normal and the Dislocated | Prof. Pierre Mansat |
| 08:45 - 09:00 | The value of CT / MRI in the diagnosis and treatment of elbow instability | Dr. Seif Sawalha |
| 09:00 - 09:15 | “Simple” Elbow Dislocations The role of conservative treatment | Prof. Pierre Mansat |
| 09:15 - 09:30 | The lesions of the ligaments and stabilizers - Use of Anchor/ Screws ? | Dr. Marouane Bouloudhnine |
| 09:30 - 09:45 | Complex elbow instability- How to stabilize? | Prof. Shawn O'driscoll |
| 09:45 - 10:00 | PEI (persistent elbow instability) after attempted stabilization | Dr. Jeff King |
| 10:00 - 10:30 | IBRA Session: Wrightington classification for elbow instability + case discussion | Dr. Adam Watts & Faculty |

10:45 - 11:00

Coffee Break

SESSION II

ULNAR FRACTURES

(Moderators: Prof. Pierre Mansat & Dr. Saad Al Qahtani)

| | | |
|---------------|---|---------------------------|
| 11:00 - 11:15 | Coronoid Fractures – When and How to Fix it? Medial facet ORIF | Dr. Marouane Bouloudhnine |
| 11:15 - 11:30 | Arthroscopic Coronoid fixation | Prof. Roger van Riet |
| 11:30 - 11:45 | Olecranon fractures: From Simple to complex Monteggia and M-like lesions | Dr. Naser Alnusif |
| 11:45 - 12:00 | Basal Coronoid Transulnar fracture-dislocations | Prof. Shawn O'Driscoll |
| 12:00 - 12:15 | Trans ulnar basal coronoid fractures dislocation MEDIAL APPROCHE FOR CORONOID / ORIF Medial Facet of Coronoid | Prof. Roger van Riet |
| 12:15 - 13:00 | Cases Discussion: Ulnar Fractures | All Faculty |

13:00 - 14:00

Lunch Break/ INDUSTRY SESSION

SESSION III

RADIAL HEAD FRACTURES

(Moderators: Prof. Shawn O'driscoll & Dr. Saif Aldhuhoori)

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|---------------|--|------------------|
| 14:00 - 14:15 | Radial head fractures: Overview (Anatomy/Clinical Exam/Classification) | Dr. Seif Sawalha |
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Scientific Program- Day 02



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|---------------|--|----------------------|
| 14:15 - 14:30 | Surgical Management Radial head & neck fractures | Dr. Jeff King |
| 14:30 - 14:45 | Terrible triad of elbow. Is it that terrible? | Prof. Pierre Mansat |
| 14:45 - 15:00 | Radial Head Prosthesis Options: Pros & Cons | Prof. Roger van Riet |
| 15:00 - 15:30 | Case discussions: Radial Head Fractures | All Faculty |

15:30 - 16:00 **Coffee Break**

SESSION IV SURGICAL APPROACHES RADIUS/ULNA @ TIPS & TRICKS (RE-LIVE SURGERY)

(Moderators: Prof. Pierre Mansat & Dr. Loiy Alkhatib)

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|---------------|------------------------------------|------------------------|
| 16:00 - 16:15 | MEDIAL APPROACH | Prof. Shawn O'Driscoll |
| 16:15 - 16:30 | LATERAL APPROACH | Prof. Roger van Riet |
| 16:30 - 16:45 | APPROCHES FOR PROXIMAL RADIUS | Dr. Seif Sawalha |
| 16:45 - 17:00 | Anterior approach (Henry) | Dr. Faisal Shehadeh |
| 17:00 - 18:00 | Case discussions: Bring your cases | All Faculty |

18:00 **End of Day 2**



Cadaveric Hands-on Workshop Lab

**11 Instructors
at
10 Stations**

Dr. Saif Aldhuhoori
Dr. Naser Alnusif
Dr. Saad M Al Qahtani
Dr. Marouane Bouloudhnine
Dr. Loiy Alkhatib
Dr. Jeff King

Prof. Pierre Mansat
Prof. Shawn W. O'Driscoll
Prof. Roger van Riet
Dr. Seif Sawalha
Dr. Faisal Shehadeh

07:30 - 08:00

Breakfast

08:00 - 12:00

**Surgical Approaches In Elbow & Forearm- following table
faculty**

Lateral Approaches

Prof. Pierre Mansat

Medial Approaches

Dr. Saif Aldhuhoori

Posterior approaches

Prof. Roger van Riet

12:00 - 13:00

Lunch Break

13:00 - 17:00

Specific Techniques Following Your Instructor

ORIF DISTAL HUMERUS FRACTURES

Prof. Shawn O'Driscoll

RADIAL HEAD PROSTHESIS

Dr. Seif Sawalha

Ligament repair/reconstruction

Dr. Saif Aldhuhoori

17:00

End of Day 3

