

Scientific Program- Day 01



الدورة العربية الأولى لجراحة الكوع
FIRST ARAB ELBOW COURSE

Distal Humerus Fractures

08:00 - 08:25	Registration	
08:25 - 08:30	Welcome	Marouane Bouloudhnine
SESSION I	ADULT DISTAL HUMERUS FRACTURES	
08:30 - 08:45	Distal Humerus Fractures: Overview & Classification	Saif Aldhuhoori
08:45 - 09:00	Role of Imaging in Distal Humerus Fractures	Manish Gulabani
09:00 - 09:15	Conservative Treatment for DHF	Seif Sawalha
09:15 - 09:30	Principal Based Fixation Of Distal Humerus Fractures	Shawn O'Driscoll
09:30 - 10:00	Case Discussion: Simple DHF cases	Jeff King
10:00 - 10:30	Coffee Break	
10:30 - 10:45	Acute Hemi Arthroplasty for DHF in the elderly	Roger van Riet
10:45 - 11:00	Acute Total elbow arthroplasty: how to get it right	Pierre Mansat
11:00 - 11:15	How To Avoid Common Complications	Saad Al Qahtani
11:15 - 12:00	Case Discussions : bring your cases	All Faculty
12:00 - 12:30	Industry Symposium by Accumed	
12:30 - 13:30	Lunch Break	
SESSION II	PEDIATRIC SUPRACONDYLAR FRACTURES	
13:30 - 13:45	The Developing Distal Humerus, Growth Plates	Sattar Alshryda
13:45 - 14:00	Imaging In Pediatric Distal Humerus Fractures, Specific Considerations Classification of SCF	Ajay Dsouza
14:00 - 14:15	Conservative Treatment, Closed Reduction	Bernard Lallemand
14:15 - 14:30	Operative Fixation Of Pediatric Distal Humerus Fractures	Faisal Shehadah
14:30 - 15:00	Sequelae and Indications for Osteotomy	Roger van Riet
15:00 - 15:15	Discussion	All Faculty

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15:15 - 15:45

Coffee Break

SESSION III

SURGICAL APPROACHES @ TIPS & TRICKS (RE-LIVE SURGERY)

15:45 - 16:00

Posterior

Pierre Mansat

16:00 - 16:15

The necessity of olecranon osteotomy in C-Type fractures

Faisal Shehadah

16:15 - 16:30

Lateral

Roger van Riet

16:30 - 16:45

Medial

Shawn O'driscoll

16:45 - 18:00

Case Discussions : bring your cases

All Faculty

18:00

End of Day 1



Elbow Fracture Dislocations

SESSION I	BASIC KNOWLEDGE FOR ELBOW INSTABILITY	
08:00 - 08:15	Anatomy Proximal ulna and radius and Stabilizers	Saad Alqahtani
08:15 - 08:30	Biomechanics of elbow joint	Shawn O'driscoll
08:30 - 08:45	Elbow instability: evaluation and management Reading an Elbow X-Ray –The Normal and the Dislocated	Pierre Mansat
08:45 - 09:00	The value of CT / MRI in the diagnosis and treatment of elbow instability	Manish Gulabani
09:00 - 09:15	“Simple” Elbow Dislocations The role of conservative treatment	Pierre Mansat
09:15 - 09:30	The lesions of the ligaments and stabilizers - Use of Anchor/ Screws ?	Marouane Bouloudhnine
09:30 - 09:45	Complex elbow instability- How to stabilize?	Shawn O'driscoll
09:45 - 10:00	PEI (persistent elbow instability) after attempted stabilization.	Jeff King
10:00 - 10:30	Cases Discussion	All faculty
10:30 - 11:00	Coffee Break	
SESSION II	ULNAR FRACTURES	
11:00 - 11:15	Coronoid Fractures – When and How to Fix it? Medial facet ORIF	Marouane Bouloudhnine
11:15 - 11:30	Arthroscopic Coronoid fixation	Roger van Riet
11:30 - 11:45	Olecranon fractures: From Simple to complex Monteggia and M-like lesions	Nasser Alnusif
11:45 - 12:00	Basal Coronoid Transulnar fracture-dislocations	Shawn O'Driscoll
12:00 - 12:15	Trans ulnar basal coronoid fractures dislocation MEDIAL APPROCHE FOR CORONOID / ORIF Medial Facet of Coronoid	Roger van Riet
12:15 - 12:45	Cases Discussion: Ulnar Fractures	All Faculty
12:45 - 13:30	Lunch Break (INDUSTRY SESSION by J&J Synthes)	
SESSION III	RADIAL HEAD FRACTURES	
13:30 - 13:45	Radial head fractures: Overview (Anatomy/Clinical Exam/Classification)	Seif Sawalha

Scientific Program- Day 02



الدورة العربية الأولى لجراحة الكوع
FIRST ARAB ELBOW COURSE

13:45 - 14:00	Management Radial head & neck fractures	Jeff King
14:00 - 14:15	Radial Head & Neck ORIF : HOW I DO IT ?	Shawn O'Driscoll
14:15 - 14:30	Terrible triad of elbow. Is it that terrible?	Pierre Mansat
14:30 - 14:50	Radial Head Prosthesis Options: Pros & Cons	Roger van Riet
14:50 - 15:30	Case discussions: Radial Head Fractures	All Faculty
15:30 - 16:00	Coffee Break	
SESSION IV	SURGICAL APPROACHES @ TIPS & TRICKS (RE-LIVE SURGERY)	
16:00 - 16:15	MEDIAL APPROACH	Shawn O'Driscoll
16:15 - 16:30	LATERAL APPROCH	Roger van Riet
16:30 - 16:45	APPROCHES FOR PROXIMAL RADIUS	Seif Sawalha
16:45 - 17:00	Anterior approach (Henry)	Saad Alqahtani
17:00 - 18:00	Case discussions: Bring your cases	All Faculty
18:00	End of Day 2	



Scientific Program- Day 03



الدورة العربية الأولى لجراحة الكوع
FIRST ARAB ELBOW COURSE

Cadaveric Hands-on Workshop Lab

**10 Instructors
at
10 Stations**

Dr. Saif Aldhuhoori
Dr. Naser Alnusif
Dr. Saad M Al Qahtani
Dr. Marouane Bouloudhnine
Dr. Bhuvan Machani

Prof. Pierre Mansat
Prof. Shawn W. O'Driscoll
Prof. Roger van Riet
Dr. Seif Sawalha
Dr. Faisal Shehadeh

07:30 - 08:00

Breakfast

08:00 - 12:00

**Surgical Approaches In Elbow & Forearm- following table
faculty**

Lateral Approaches

Pierre Mansat

Medial Approaches

Saif Aldhuhoori

Posterior approaches

Roger van Riet

12:00 - 13:00

Lunch Break

13:00 - 17:00

Specific Techniques Following Your Instructor

ORIF DISTAL HUMERUS FRACTURES

Shawn O'Driscoll

RADIAL HEAD PROSTHESIS

Seif Sawalha

Ligament repair/reconstruction

Saif Aldhuhoori

Elbow Hinged Fixator (OrthoFix)

OrthoFix Company

18:00

End of Day 3